



## Introduction

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The activities, exercises, questions and challenges in the sections ahead will help you explore the big wide world of career opportunities and your place in it.

The journey begins and ends with knowing yourself and how you want to shape your future.

Along the way, you will learn new ways to look at all your options.

You will develop an appreciation for the many and diverse professionals who make our world a better place.

You will begin to connect-the-dots between choosing a job and having a rich life.

You will discover what a "rich life" means to you.

You will start to develop and hone important skills to use throughout your career life.

And, most importantly, you will uncover strengths, talents, interests and values you never knew you had!

# Enjoy the journey!

**What you will need to proceed:**

- Writing utensils
- Internet or library access
- A notebook
- An open mind
- Creative thinking
- The ability to assess yourself honestly

**Note:**

Vocabulary words in each section appear *highlighted in italics* and should be added to your notebook. Keep your research results in your notebook, too. You can refer to them for years to come.